

Is my case hopeless or can I still climb the mountain?

By Michael Jack

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If you want to help me then in order for me to regain my confidence back and ability to function I am asking you to loosen the grip on me and give me some independence. While being doubled up with Cst. Rich Nie appears to be good from the educational perspective, I feel that it has deprived me of the psychological air and drove me further to believe that I am a failure.

When I am being closely watched I cannot be myself. I become very hesitant at everything I do and continuously expect to be given directions and permissions. My mental and emotional focuses are directed on trying to stay out of trouble. In other words, instead of looking forward and doing my job with passion I get very tense and nervous about everything I do and go forward while looking backward in anticipation of being reprimanded again. I therefore continue "walking into the trees" over and over again.

It has been my life experience that when I knew what I wanted to get I always got it. I have also proven to myself that consciousness creates. We can literally create our lives with guided imagery and deliberate intention. In my current predicament the constant presence of a "Big Brother" next to me takes my will away and I remain blind and unable to be active, let alone proactive.

If you truly want to help me, I am therefore asking you to provide me with an opportunity to do my job without being scared. I am asking you to give me back the psychological air that I so desperately need. I am tired of being constantly stressed out. I got sick twice recently literally back to back. I know for the fact that as the result of my fear of losing the job and because I live my life in a constant state of stress my immune system is down. There is no way I can even be remotely productive or do any better under these conditions. No matter what development plans we put in writing on paper, they won't work. I have to see and feel my success through first and it can only happen when I get my will back.

I am not sure what you are ultimately trying to do with me. It is either you are trying to help me out so I can continue working on this platoon or you are protecting yourself from liability when the time comes to recommend me for dismissal from the employment with the O.P.P. I want to believe it is the former, rather than the latter, but I honestly do not know.

I want to continue working here and while I do need support and guidance at times, I feel that the constant presence of the "Big Brother" impedes my progress more than promotes it. I feel that I would be in a better position to help myself, the public, and the platoon if the "grip on my throat" was loosened a bit.